

# Worksheet for Planning a PIPE Session

Parent: *C*

Topic: *Attachment*

Parent's Outcome(s): *Parents will be able to define attachment and examine the meaning of this feeling in their lives*

Materials and Supplies: *4 strips of colored paper*

1

## **Presentation of Concepts** (Creating relevance and giving information)

What I will teach: *As humans we have a deep need for a feeling of attachment, a need to feel committed and connected with another.*

My transition sentence into this PIPE Session: *Today we are going to begin looking at how we become attached to another person. Have you heard that word before? What does attachment mean to you? Babies begin forming attachments with us as soon as they are born.*

How I will teach: *We will make accordion-folded paper as we discuss the shared experiences we had with another person we are attached to.*

My transitional sentence into the Demonstration: *Every time we play with our child we can create a positive experience. Today I will show you some ways we can play Peek-a-Boo so it is a positive experience for you and your baby.*

2

## **Demonstration** (Modeling a parent-child activity)

I will model: *How to play Peek-a-Boo so it is a positive turn-taking experience for both parent and child.*

My transitional sentence: *It looks like Hennessey is ready to try this activity.*

3

## **Supervised Parent-Child Interaction** (Parent practices & educator observes)

The parent will practice: *Mom will practice modeling and turn taking to create a positive experience while playing Peek-a-Boo.*

I am watching for: *Smiles, eye contact, mom modeling, turn taking*

My transition sentence into Evaluation: *You noticed Hennessey was finished and you stopped. Knowing when to stop is part of what makes an experience positive.*

4

## **Evaluation** (Reflection and feedback)

Questions I may ask & comments I can make: *What do you think Hennessey thought about playing Peek-a-Boo? What did she enjoy/dislike? How could you tell? What did you enjoy/dislike?*

I noticed... *I saw her imitate you when...*

I will end the session by: *Asking mom if she would like to learn more about how we and our children become attached.*